

American Heart Association "Family and Friends" CPR



American Medical Response offers an at "no cost" CPR course* to various sites throughout Contra Costa County

AMR CPR instructors will teach you and your loved ones the life saving skills of cardio-pulmonary resuscitation (CPR) and relief of choking, in accordance with the American Heart Association Guidelines.

*** Individuals who complete the AHA "Family and Friends" course receive an AMR course completion complimentary certificate, an AHA course completion card and AMR thank you for attending letter.**

WHEN: Saturday, August 25, 2007

**WHERE: American Medical Response
Operation Center
5151 Port Chicago Highway
Concord, CA 94520**

TIME: 10:00 A.M-12:30 P.M

WEAR LOOSE AND COMFORTABLE CLOTHING. YOU WILL LEARNING AND PRACTICING SKILLS THAT WILL REQUIRE TO SIT, BEND AND LIFT. (For any questions please call Angela Juarez-Lombardi @ angela.lombardi@amr.net or 1-888-267-6591 ext. 88016)



Due to American Heart Association Guidelines, Space is sometimes limited so please email or leave a message to reserve your spot.

**Contact:
angela.lombardi@amr.net
Or
1-888-267-6591
Ext.88016**

