



Mental Health Division

MENTAL HEALTH INTERNSHIP PROGRAM

Placement Information for Prospective Interns/Trainees

Updated: January 2008

Contra Costa County Mental Health Intern and Trainee Program

Contra Costa Mental Health provides an array of integrated mental health programs and services for children, adolescents, young adults, adults and older adults with severe and persistent mental illness. Residents of Contra Costa County served by the mental health division belong to different cultural/ethnic backgrounds as well as socioeconomic strata. The programs and services provided by the division are offered through a system of care that includes mental health staff, community based organizations, and a network of private providers.

Intern and Trainee placement opportunities are available in the children's clinics and specialty programs serving a geographical area within the county. Opportunities are also available with the forensic and detention mental health units at the Martinez Detention Facility and inpatient and crisis units at the Contra Costa Regional Medical center. Other placements at programs serving adults and older adults are currently under development and may be available in the near future. Each placement site that is currently available is described in detail in this information packet.

Training:

Contra Costa Mental Health intern and trainee program is geared towards preparing clinicians to practice in the public mental health system. We enroll and train approximately 30-40 doctorate and master-level interns and trainees each year. We provide one didactic seminar each month on specialized mental health topics. In-service trainings focused on specific populations served at each site are available on a regular basis. Further, the county offers all-staff trainings in different mental health training areas that students can attend. Along with clinical skills training, we incorporate diversity and cultural competency trainings in our curriculum.

How to apply:

Please see the [Placement Information Packet](#) for detailed information about the available placement sites and the application procedure. Contact the Intern Coordinators at each site directly for questions related to that placement site. At this time all placements for September 2007 to June 2008 are filled. We will be accepting applications for placements from September 2008 to June 2009 starting in February 2008. *Note:* We accept interns/trainees from many graduate programs in the Bay Area. *It is the student's responsibility* to make sure that the clinical placement in Contra Costa Mental Health meets the requirements of the academic program.

For General Information:

Vidya Iyengar, MFT

Training and Ethnic Services Manager

Contra Costa Mental Health Administration

1340 Arnold Dr., #200, Martinez, CA 94553

Phone: (925) 9575212

Email: viyengar@hsd.cccounty.us; Website: http://cchealth.org/services/mental_health/

CENTRAL COUNTY CHILD AND ADOLESCENT SERVICES
1026 Oak Grove Road, Suite 11
Concord, CA, 94518

PLACEMENT OPENINGS:

Pre-doctoral PhD and PsyD Practicum II, III, and Internship

- 20 to 40 hours per week depending on position, Monday through Friday.
- Required days are Wednesdays and Thursdays from 9 am to 12 pm. Remaining hours/days TBD
- Placement begins Thursday following Labor Day and goes through the second week of June. Three weeks vacation and County holidays off.
- CAPIC approved program.

PROGRAM DESCRIPTION:

Central Contra Costa County is very diverse and includes many socioeconomic groups, along with cultural and ethnic populations. From San Ramon to Martinez, the populations we serve are primarily Caucasian, along with a growing Latino population. We also serve a number of Middle Eastern and African American clients.

The clinic serves children 5 to 18 years of age and their families. Children have moderate to severe emotional difficulties which impact home, school and community. Interns carry caseloads proportionate to hours (e.g. 8 to 10 clients for 20-hour week), and perform individual and family therapy, case consultation with staff, collateral contact with community agencies, psycho-diagnostic assessment, and appropriate record keeping/ progress notes. There is a minimum of one-hour individual supervision, two hours of group supervision, a one-hour case conference, and a one-hour didactic seminar per week.

TO APPLY:

Mail cover letter, resume, and three letters of recommendation by the first Monday in March to:

Steven Shelton, PhD
Central County Child And Adolescent Clinic
1026 Oak Grove Road, Suite 11
Concord, CA, 94518
925-646-5666

WEST COUNTY CHILD AND ADOLESCENT SERVICES
303 41st Street,
Richmond, CA 94805

PLACEMENT OPENINGS:

LMFT & LCSW trainees and interns, Ph.D. & Psy.D. Practicum trainees (2nd & 3rd year), and post-doctoral students.

- 16 – 20 hours per week, Monday through Friday
- Required day: Tuesdays from 9:00 am– 2:30 pm
- Placements available September through June

PROGRAM DESCRIPTION:

West County Child and Adolescent Services is a children's outpatient clinic in the inner city of Richmond, California. The clinic serves a culturally, ethnically, and linguistically diverse population primarily made up of African-American, Latino, White, and Asian Pacific Islander clients. The clinic serves children and adolescents between the ages of 5 and 18, and their families.

Clinical services provided include individual, family and group psychotherapy, intake assessment and diagnosis, crisis intervention, medication, school and community outreach, consultation and case management. Other supportive services include wraparound services and parent support services.

Bilingual, bicultural, and male trainees are especially encouraged to apply.

TO APPLY:

Mail cover letter, resume, and two letters of recommendation by February 15th to:

Jennifer Moore-McDowell, PhD
West County Child And Adolescent Services
303 41st Street,
Richmond, CA 94805
510-374-7214

**EAST COUNTY CHILD AND ADOLESCENT SERVICES
3501 Lone Tree Way #200
Antioch CA, 94509**

PLACEMENT OPENINGS:

Masters level, MFT, 1st and 2nd year psychology trainees, MSW interns, and post-doctoral students.

- Minimum of 16 hours per week, Monday through Friday.
- Required days/times: Tuesday: 10:00 am – 12:00 noon for group supervision
Wednesday: 10:30 am – 2:00 pm for trainings and staff meetings.
- Placement available mid-July through June.

PROGRAM DESCRIPTION:

East County Child and Adolescent Services is a children's outpatient clinic in Antioch, California, serving a diverse community of suburban and rural clients in East Contra Costa County.

Trainees/interns are involved in providing individual, family, and group therapy, psychological testing, intake assessments, case management and collaboration with other county agencies including: Children & Family Services (CPS), Juvenile Probation, Social Services and others.

TO APPLY:

Mail cover letter, resume, and two letters of recommendation by February 15th to:

Paula Williams, PhD
East County Child and Adolescent Services
3501 Lone Tree Way #200
Antioch CA, 94509
925-427-8664
925-427-8645 (fax)

CONTRA COSTA REGIONAL MEDICAL CENTER
Department of Psychiatry
2500 Alhambra Avenue
Martinez CA, 94553

PLACEMENT OPENINGS:

We accept a limited number of advanced students in MFT, MSW and PhD programs. Typically our students are about to graduate from their programs and have had prior internship experience. We also accept post-graduate students from these disciplines as well.

- Minimum of 24 hours per week commitment.
- Our facility is open 24/7 (24 hours per day / 7 days per week)
 - We are flexible regarding obtaining face-to-face client contact hours
- Required: Wednesday for training, 8:00 am - 4:30 pm.
- Placement available mid September through mid June.
- There is an opportunity to rotate to different locations within the CCRMC's Department of Psychiatry.
 - Inpatient Psychiatry
 - Crisis and Stabilization Unit
 - Health Psychology Consultation (for PhD's)
- CAPIC approved program.

Program Description:

Contra Costa Regional Medical Center (CCRMC) is a full service county hospital with 164 beds. Interns at CCRMC are exposed to a full range of presentations including mood disorders, thought disorders, drug and alcohol induced disorders including deliriums. They also interact with individuals of all age groups, ability groups, language groups, socio-economic standing and ethnicities. They have the opportunity to work within a multi disciplinary professional setting. They develop skills of assessment, diagnosis, treatment recommendation, crisis intervention, very brief psychotherapy, community outreach and linkage; clinical writing and oral presentation; psychopharmacology for therapists and medical terminology.

TO APPLY:

Send cover letter and resume to:
Kevin Gebken, LMFT
Contra Costa Regional Medical Center
Department of Psychiatry
Internship Coordinator Unit 3C
2500 Alhambra Ave.
Martinez, CA 94553

CONSULTATION AND ASSESSMENT TEAM
2425 Bisso Lane, Ste 235
Concord, CA 94520

PLACEMENT OPENINGS:

Two to three placements available for second year PhD and PsyD Practicum, interns, externs or post-docs. All students receive the same training experience.

- Minimum 20 hours per week, Monday through Friday
- Required: Friday required for staff meetings and group supervision.
- Placement available September through June. Early start or late finish is possible if intern desires, as long as the contract is completed.
- Requires completion of assessment classes and some experience working with significantly disturbed children & adolescents.
- CAPIC approved program.

PROGRAM DESCRIPTION:

The Consultation and Assessment Team Conducts psychological evaluations on children who have been removed from the home due to severe abuse and/or neglect as well as psychological evaluations of parents who have had their children removed. Consultation with social workers and the gathering of extensive collateral information is also necessary. Interns/trainees write detailed written reports, which go to the court addressing treatment recommendations, risk assessment and reunification planning.

TO APPLY:

Send cover letter and resume to:

Steven Cloutier, PhD
Consultation and Assessment Team
2425 Bisso Lane, Ste 235
Concord, CA 94520
925-646-5280

**FORENSIC MENTAL HEALTH UNIT
Conditional Release Program (CONREP)
10 Douglas Dr. Suite 140
Martinez, CA 94553**

PLACEMENT OPENINGS:

Three doctoral level students. Practicum Level Three preferred, Level Two accepted when student experience is appropriate.

- Weekly commitment of 16 hours, Monday through Friday
- Required day: Wednesdays. Remaining hours are somewhat flexible to fit student schedules.
- Placement available first Wednesday in September through the end of June.

PROGRAM DESCRIPTION:

The Conditional Release Program (CONREP) works with mentally ill offenders, or persons found by courts to be not guilty of an offense they committed by reason of insanity. Students work intensively with a small individual caseload, and co-lead psycho-educational and process groups. Students also visit jails and state hospitals conducting court-ordered evaluations of individuals found incompetent to stand trial and assist in the assessment of patient readiness for community treatment. Students learn about violence risk assessment, including the assessment of anti-social and psychopathic personalities and become familiar with provisions of the California Penal Code concerning mentally ill offenders.

TO APPLY:

Send cover letter and resume to:

Bluford Hestir, PhD
Forensic Mental Health Unit
10 Douglas Drive, Suite 140
Martinez, CA 94553
925-313-1150

DETENTION MENTAL HEALTH
Martinez Detention Facility
1000 Ward Street
Martinez, CA 94553

PLACEMENT OPENINGS:

Registered MFT Interns, Associate Clinical Social Workers, PhD Post Doc, Psych Assistants

- Minimum 20 hours per week
- Days for internship: must be flexible: days, swing shift, weekends
- Placement available September through May (or as arranged)

PROGRAM DESCRIPTION:

Detention Mental Health Staff provides mental health services to inmates at the County Jails in Martinez and Richmond. Individuals arrested in Contra Costa County are assessed during intake for suicide risk, level of care, and for safe housing. Staff responds to crisis in the jail's housing units and provides ongoing services to inmates who have mental health problems. We also serve the Mental Health Housing Unit where inmates with serious mental health disorders, and inmates with developmental disabilities, are housed. Release planning is arranged for inmate needing follow up once they leave jail.

TO APPLY:

Send cover letter and resume to:

Kay Frank, LMFT
Detention Mental Health, 3rd Floor
1000 Ward Street
Martinez, CA 94553n
925-335-4740
mfrank@hsd.cccounty.us
kayfrank3@sbcglobal.net

**CHRIS ADAMS GIRLS CENTER
100 Glacier Drive
Martinez, CA 94553**

A Collaborative Program Operated By:
Contra Costa County Probation Department
Contra Costa Health Services Department, Mental Health Division
Contra Costa County Office of Education

PLACEMENT OPENINGS:

MFT and LCSW trainees and interns, post-graduate MFT interns, PhD. and PsyD. practicum trainees(1st, 2nd, and 3rd year), and post-doctoral students.

- 16 – 20 hours per week
- Required day: Tuesday – 10:30 am to 12:30 pm for group supervision.
- Placements available September through June

PROGRAM DESCRIPTION:

The Chris Adams Girls Center is a 20-bed residential treatment facility providing 24-hour care for adolescent girls in the juvenile justice system. It is staffed by a multi-disciplinary team comprised of a certified teacher and instructional aid, therapists, psychiatric technicians, and probation counselors. Tony LaRussa's Animal Rescue Foundation operates, in partnership with Chris Adams Girls Center, an Animal Assisted Therapy program and maintains an on grounds animal shelter, the Terry Starr Kennel.

Residents receive intensive mental health treatment services in a highly structured therapeutic milieu. This includes: intake and assessment, crisis intervention, individual, group, and family therapy, and referrals to wraparound outpatient services to facilitate discharge planning. The clinical team utilizes 2 evidence-based best-practice models: Cognitive Behavioral Therapy: Depression Treatment Quality Improvement and Aggression Replacement Training: Teaching Pro-Social Skills.

Issues addressed include: domestic violence, family conflict, victim empathy, sexual exploitation of minors, self- esteem, substance abuse, behavioral responsibility, improving dysfunctional peer relationships, gang diversion.

TO APPLY:

Send cover letter and resume to:

Jan Cobaleda-Kegler, PsyD, LMFT
Program Director – Chris Adams Girls Center
100 Glacier Drive
Martinez, CA 94553
Phone: (925) 646-2024; Fax: (925) 646-2028

JUVENILE ASSESSMENT & CONSULTATION SERVICES (JACS)
Juvenile Hall
202 Glacier Drive
Martinez, CA 94553

PLACEMENT OPENINGS:

Two openings for MFT and MSW interns (working towards licensing hours) or Practicum trainees 1st or 2nd year.

- 16 – 20 hours per week, Monday through Friday.
- Placements available September through June, or Summer.

PROGRAM DESCRIPTION:

JACS provide mental health services to detainees at Juvenile Hall in Martinez. All first time youngsters are screened using a Massachusetts Youth Screening Instrument (MAYSI-2) and Mental Status Exam interview to help flag what support level is needed while the minor is detained. Additionally, Mental Health staff provide crisis assessment and management, psychotropic medication support, court ordered and other mental health assessments, and consultation with Detention staff, probation officers and families.

Interns and Trainees generally provide the MAYSI-2 screening and mental status exams, and assessments.

TO APPLY:

Send cover letter and resume to:

Sandy Marsh, MFCC
Mental Health & Probation Services
100 Glacier Drive
Martinez, CA 94553

smarsh@hsd.cccounty.ca.us
925-646-2224