



# Are **YOU** ready for the next disaster?

Do you know what **YOU** can do before, during, and after a disaster? Learn simple ways to keep you, your family, your pets, and your neighbor's safe until first responders arrive.

Our **FREE** 20-hour Basic CERT Training Course (FEMA approved) covers:

**Disaster Preparedness**

**Fire Safety**

**Light Search & Rescue**

**Team Organization**

**Disaster Medical Operations –Triage, Assessment,  
Basic Treatment**

**Disaster Psychology**

**Terrorism and CERT**

## **Upcoming Class Series:**

### **Taught in English**

Wed., March 26<sup>th</sup>

Wed., April 2<sup>nd</sup>

Wed., April 9<sup>th</sup>

Wed., April 16<sup>th</sup>

Wed., April 23<sup>th</sup>

**Final Drill - Sat., April 26<sup>th</sup>**

### **Taught in Spanish**

Thurs., August 7<sup>th</sup>

Thurs., August 14<sup>th</sup>

Thurs., August 21<sup>st</sup>

Thurs., August 28<sup>th</sup>

Thurs., September 4<sup>th</sup>

**Final Drill - Sat., October 25<sup>th</sup>**

Interested? Curious? Contact the San Pablo CERT Coordinator or your own local coordinator:

**Andrea Ignacio | Phone: (510) 215-3110 | [andrea@ci.san-pablo.ca.us](mailto:andrea@ci.san-pablo.ca.us) | [www.contracostacert.org](http://www.contracostacert.org)**

**Sponsored by the San Pablo Police Department**