



Contra Costa County

Alcohol & Other Drugs Advisory Board

In Partnership with the Alcohol & Other Drugs Services Division

Invites You to a Free Training

“ Alcohol, Medications and Other Drugs: Their Abuse and Misuse Among Older Adults”

Presented by: **Linda Schaefer**

Wednesday, January 17, 2007

8:30 AM—12:00 PM, Doors open at 8:00 AM

**John Muir Medical Pavilion- Center for Recovery Classroom “A”, 2740 Grant St.
Concord, CA 94520**

A sample of workshop topics:

- Causes and effects of alcohol and other drug problems in later life.
- Identification, screening and assessment of the older adult substance abuser.
- Barriers to detecting alcohol and other drug problems in later life.
- Interventions with older substance abusers.
- Prescription and OTC drug management.

Registration is required as seating is limited and must be received by January 12, 2007. To register contact Lois Johnson at (925) 313-6381 or by e-mail at ljohnson2@hsd.co.contra-costa.ca.us

Three (3) hours of CEU's are available to Alcohol & Drug abuse Counselors, Nurses, Certified Counselors, LMFT, LCSW, Care and Case Managers, and Nursing Home Administrators for a fee of \$15. Arrangements will be made on the day of the training. Certificates of Attendance are available for a fee of \$10. Arrangements will be made on the day of training.

About the Speaker: Linda Schaefer is a Marriage and Family Therapist working as the Clinical Supervisor for the Senior Peer Counseling Program in Contra Costa County. Linda has worked for Contra Costa County for 25 years. Before working in Geriatric Mental Health, she worked for 17 years as Director of an outpatient substance abuse program providing treatment to individuals, families and groups of people struggling with substance abuse issues.

The American Society on Aging (ASA), under contract to the California Department of Alcohol and Drug Programs (ADP), is sponsoring this free training

