

## **Pandemic Flu Kit for Child Care Providers**

Action Steps for Pandemic Flu

Facts about Pandemic Flu

Lesson Plans

Jingle: Wash Your Hands  
Exercise: Rub Those Hands!

Health Check Instructions

Morning Health Check: Signs to Observe  
Daily Health Check: Listen, Look, Feel, Smell

Daily Child Care Provider Illness Log

Posters:

During Flu Outbreak: When do I keep my child home?  
Germ Stopper  
Germ Free Zone  
Wash Your Hands

Pandemic Flu Planning Checklist for Individuals and Families

Home Care for Pandemic Flu

Ways to Protect Yourself brochure

Resources for Emergency Information



*This kit was developed by Contra Costa Health Services, Contra Costa County Office of Education, Contra Costa Child Care Council, Contra Costa Employment and Human Services Community Services Bureau, Diablo Valley Community College Child Care Program, First Five Contra Costa, Local Planning Council for Child Care and Development, San Ramon Valley Child Care Association, California Department of Social Services, Community Care Licensing.*

*All materials in the kit are downloadable at <http://cchealth.org>*