



# Provider Issue Briefing

CONTRA COSTA HEALTH PLAN  
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## Contra Costa Health Plan Pharmacy and Therapeutics Committee (P&T)

The CCHP P&T committee met on 12/13/2024. Updates from the meeting are outlined below:  
**\*\*Changes to the PDL will be effective by late-January 2025\*\***

### Updates/Announcements:

- Medi-Cal Rx Pediatric Integration of Members 21 Years of Age and Younger:  
Medi-Cal Rx has announced that on January 31, 2025, prior authorization requirements will apply to all claims (new start and continued therapy) submitted to Medi-Cal Rx for all members 21 years of age and younger. Please see the [Medi-Cal Rx | Homepage](#) for additional information.
- Physician Administer Medications for CCHP Members:  
As a reminder, please note that physician administered medications can be billed to CCHP using the member’s medical benefit with CCHP. CCHP Medi-Cal members have their retail pharmacy medications billed to Medi-Cal Rx and their medical benefit billed to CCHP which includes physician administered medications.
- Real Time Benefit Check Tools:  
Please remember that providers and members have access to online pharmacy benefits checks. Providers can check a member’s pharmacy benefit coverage via the prescribing provider’s EMR/EHR platform. Please contact the CCHP Pharmacy Department for further information or if there are any questions about access.
- Medi-Cal Rx Formulary Changes:  
Medi-Cal Rx has been updating their Contract Drug List (CDL) on a monthly basis. These updates can be found on the DHCS Medi-Cal Rx website at <https://medi-calrx.dhcs.ca.gov/provider/pharmacy-news> or contact the CCHP Pharmacy Department for additional details.

### CCHP Commercial Member Formulary Changes:

**Quick reference table for all changes to the Preferred Drug List (PDL) and/or Prior Authorization (PA) criteria (for full details of each change, please see individual drugs listed below this table or contact the CCHP Pharmacy Department):**

Changes Made	Drug Name
Created new PA criteria:	Zoryve (roflumilast) Ohtuvayre (ensifentrine) Nemludio (nemolizumab-ilto)
Modified PA criteria:	Urinary antispasmodic agents
ADDED to the CCHP formulary:	Risedronate 35 mg and 150 mg Veltassa (patiromer) oral packets Tolterodine oral tablet and ER capsules

	Fexofenadine tablets
Removed from CCHP formulary:	None

- **New Pharmacy Criteria for Zoryve (roflumilast)**: for plaque psoriasis, must try and fail two other medications such as topical corticosteroids, calcipotriene, tazarotene and calcineurin inhibitors; for atopic dermatitis must try and fail a topical corticosteroid and tacrolimus or pimecrolimus; for seborrheic dermatitis, must try and fail a topical antifungal and a topical corticosteroid
- **New Pharmacy Criteria for Ohtuvayre (ensifentrine)**: a diagnosis of COPD and documented trial and failure of maintenance triple therapy consisting of a LABA, a LAMA and an ICS
- **New Pharmacy Criteria for Nemluvio (nemolizumab-ilto)**: provider must be an allergist, immunologist or a dermatologist, diagnosis of severe prurigo nodularis and had at least a two week trial of either a topical corticosteroid or a topical calcineurin inhibitor
- **Modification of pharmacy criteria for urinary antispasmodic agents**: changed criteria to be trial and failure of two formulary agents and made the first tier formulary agents oxybutynin IR and ER, tolterodine IR and ER and solifenacin tablets

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**There are numerous ways to view the CCHP Preferred Drug List:**

CCHP updates the Preferred Drug List (PDL) after each quarterly Pharmacy & Therapeutics Committee meeting. CCHP invites and encourages practitioners to access each update through the following means:

- An interactive searchable formulary is available within Epic (contact the Epic team with any questions related to functionality).
- A printable copy of the CCHP PDL can be found here: [Preferred Drug List | Contra Costa Health \(cchealth.org\)](#)
- A searchable copy of the CCHP PDL can be found here: [Preferred Drug List | Contra Costa Health \(cchealth.org\)](#)

Providers may request a copy of CCHP pharmacy management procedures or specific drug PA criteria by contacting the pharmacy unit directly at 925-957-7260 x1, or via the email listed below:

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P&T updates and DUR educational bulletins can be viewed online at  
[Pharmacy and Therapeutics | Contra Costa Health \(cchealth.org\)](#)

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Questions and comments may be directed to CCHP Pharmacy by emailing  
[joseph.cardinalli@cchealth.org](mailto:joseph.cardinalli@cchealth.org)

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